

STATE OF ARIZONA JOB CODE CLASSIFICATION SPECIFICATION

FLSA:	NEXP	Job Code:	ACV38191
Job Class Code:	770	Salary Schedule:	ASRRTHERP
EEO Category:	03	Grade:	15
Workers Comp Code:	8833		

Job Code Established:	07/15/87	Effective Date:	
Job Code Revised:	10/01/98	Effective Date:	

JOB CODE SERIES: Recreation Therapy Services Series

JOB CODE TITLE: THERAPY TECHNICIAN II

HRIS TITLE: THERAPY TECH II

CHARACTERISTICS OF THE CLASS: Works under general supervision of a certified/registered therapist; performs assigned duties within established program parameters; exercises considerable independent judgment. Has the authority to select treatment methods from alternatives; recommend changes in treatment plans. All decisions must have approval of supervisor, except as otherwise delegated or as required in an emergency. Assists in planning and implementing therapy programs in the Behavioral Management Unit of the Arizona State Hospital; carries out individual and group programs or portions thereof; observes and records clients' progress; escorts clients to and from treatment areas; applies physical restraints as necessary and participates in maintaining a safe, orderly and therapeutic environment. Work product consists of therapy administered to clients; clients' response to activities documented; unit security maintained at appropriate level; [desired]: functionally improved clients. Responsible for the quality and effectiveness of own individual contribution to team treatment programs; safety and well-being of clients; accurate documentation of clients' progress or lack thereof.

EXAMPLES OF DUTIES: Assists in planning and carrying out rehabilitative treatment programs for the mentally ill. Assists with and/or conducts therapy sessions with clients in accordance with individual treatment plans, specific methodologies and techniques. Chooses treatment modalities for their ability to produce predetermined goals, such as increased muscle strength and coordination, sensory motor integration, and/or increased awareness of and ability to cope with one's surroundings and interpersonal relationships. Observes and records an individual's response to therapy; alters approach to or activities of individual to better reach the goals as determined. Assists in the design and construction of adaptive, assistive and supportive equipment for use of patients to improve motor functioning, strengthen and support muscles, or prevent malfunction or deformity. Interacts personally on a face-to-face basis with institution residents in a helping role, in accordance with goals and objectives of a therapeutic program. Instructs clients in special exercise to improve patient's dexterity, balance, concentration or other significant physical or mental capability.

Confers with other members of the treatment or therapy team, discussing, planning and determining courses of action in client care, treatment or case determination. Participates in establishing and maintaining a safe, orderly and therapeutic environment; escorts clients to and from care units of an institution; prepares materials and equipment for therapeutic activities. Consults with supervisor, presenting and resolving difficult problems or questions, discussing plans and actions to be taken. Applies physical, leather and metal restraints, as necessary. Confers with other practitioners and technical experts in own field of specialization, in order to broaden knowledge, acquire specific information or obtain advice or consultation. Participates in in-service training and staff development programs for regularly employed staff. Performs related work as required.

WORK CONDITIONS: Frequently encounters stressful situations in client contact; potential hazard in working with psychiatric patients; face-to-face contact with hostile, aggressive and/or violent patients.

KNOWLEDGE, SKILLS AND ABILITIES:

Knowledge of: the fundamentals of rehabilitation, therapeutic media and their application; mental health principles and techniques involved in treatment; therapeutic practices and techniques of group and individual activities used in therapy; modification techniques used to adapt activities to individual needs; policies and procedures established for the work unit; techniques used in restraining clients.

Skill/Ability to: applying restraints; motivate clients to maximize activities as deemed appropriate by individual treatment plans; maintain sensitivity, objectivity and flexibility under pressure generated by association with the mentally ill; establish and maintain effective working relationships with clients, coworkers and clients' families; communicate verbally and in writing; interpret therapeutic activities to clients and appropriate others; analyze situations accurately and take effective action.

SPECIAL SELECTION FACTORS: Requires the ability to pass a post-offer physical exam.